BOOK CLUB KIT · KEN KING

Pyramid Scheme

How Sport Became an Empire, Why It Is Collapsing, and How We Rebuild the Game

Ten questions for a coaching staff, a club board or a team of parents. Read a part, then pick three. You will not need all ten.

1 *Chapter One*

When an institution fails in one place, look at the place. When it fails in a dozen, look at the institution. Which problems in your sport keep getting blamed on local causes?

2 *Chapter Two*

The book names three things every pyramid needs: a surplus to take, a weapon a few people hold, and a cage. Where do you see a parent's hope, the power of selection, and the walls around leaving in your own program?

3 *Chapter Two*

Last season, how many of your athletes moved to another team inside your organization, and how many left the sport entirely? What does the gap between those two numbers tell you?

4 *Chapter Three*

Think of the best team you were ever on. Was the coaching autonomy supportive or controlling? What did that coach actually do on a Tuesday night?

5 *Chapter Four*

Your certification proves you attended the modules. What would prove what happens in your gym, and who would you want to see it?

6 *Chapter Five*

For every dollar a family pays your club, how many cents reach programming their own child touches? Could your board answer that this month?

7 *Chapter Seven*

Count each athlete's weekly hours in organized sport against their age in years. How many of your players are over that line, and whose schedule put them there?

8 *Chapter Eight*

Coaches say leave it at the door. What does a sixteen year old hear when an adult he respects says it, in a place where he is being ranked?

9 *Chapter Fourteen*

Would your club sign this: you may leave at any time, for any reason, without our permission? What would you have to change before you could?

10 *Epilogue*

Stand at the gym door twenty minutes before your next practice and do not go in. What are the kids doing that your practice plan does not?

Want the tools behind these questions? The free companion has the four questions, the four bucket worksheet and the Collapse Index scorecard: justkenking.com/toolkit

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